

TAKE CHARGE OF YOUR PAIN

JOIN our study evaluating the impact of group therapy or education on YOUR pain experience

What does the study entail?

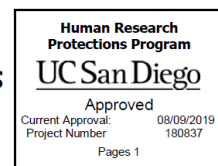
- 6 weeks of either pain education OR group therapy for chronic pain
- Compensation for participation in questionnaires

Benefits of participation

- Previous research suggest older adults are more likely to respond to acceptance and commitment therapy for chronic pain
- Contribute to improving the management of pain in older persons with HIV

Who may qualify?

- HIV diagnosis
- Age 50 years and older
- Pain not associated with cancer for more than 3 months
- English speaking



To ensure your safety during the COVID-19 pandemic and comply with the San Diego Shelter-in-Place mandate this study can now be 100% performed in your own home

Please contact Dr. Maile Young Karris for more information

M1young@health.ucsd.edu OR 619-543-5039